

Orienteering Videos on the Internet

There has been a recent discussion on the [BayONet](#) about orienteering videos on the Internet. I spent some time searching through people's recommendations and *YouTube*, and came up with the list below (there are thousands of orienteering videos on the Internet). I tried to pick ones that cover the main aspects of orienteering, showing beginners, how to's, as well as advanced races, relay, night, and Ski-O, plus a few short advertisements for orienteering. I sorted them in what I think would be roughly the order of interest for a newcomer.¹

Orienteering, what's that? Juniors describe their experience in orienteering:

<http://www.youtube.com/watch?v=Jb3zSkVFrSw>

Orienteering for beginners (basics of how to do a course):

<http://www.youtube.com/watch?v=OZOI9kKuA4I&feature=fww>

Orienteering is cooler than just running:

http://www.youtube.com/watch?v=KwE-47c_8gQ&NR=1

Join orienteering (Sprint):

<http://www.youtube.com/watch?v=fVD10NxFB7Y&feature=related>

Orienteering USA introduction to orienteering:

<http://www.youtube.com/watch?v=v58-RqssqUc>

Bay Area Backroads television episode on BAOC orienteering:

http://www.youtube.com/watch?v=zb0z_DHz-bU

Advanced orienteers show a sample race and describe their experience:

<http://www.finnvangelder.com/O-film/>

Sample race:

<http://www.youtube.com/watch?v=SG9ZRoblxDo&feature=related>

Orienteers find the fastest route (orienteering humor):

<http://www.youtube.com/watch?v=7aYMQmdHVp4>

Overnight orienteering relay – 2006 *Tiomila* (Sweden):

<http://www.youtube.com/watch?v=1Qbk6Gs2zik>

Training tips for sprint orienteering:

<http://www.youtube.com/watch?v=Oi5wBaX3EQQ>

Short introduction to orienteering – good for starting a presentation:

http://www.youtube.com/watch?v=l8hXwh_0sNM

Follow middle-distance world champion [Thierry Gueorgiou](#):

http://www.youtube.com/watch?v=_YrNWVzdKGGk&feature=related

City orienteering – 2007 *Swiss Sprint Cup*:

<http://www.youtube.com/watch?v=UuwnfFIWeZ8>

Ski orienteering:

<http://www.youtube.com/watch?v=WBOokaLLBeU>

¹ Compiled by Werner Haag on November 19, 2010.