

# 2008 SIERRA AVALANCHE SKI-ORIENTEERING CHAMPIONSHIPS

**JANUARY 30 TO FEBRUARY 3, 2008 -- LAKE TAHOE, CA**

Compete with the best ski-orienteers in North America to see who is the best in the Sierras. Either race on the course designated for your gender/age group or pick a course that best challenges your developing skiing (or snowshoeing) skills. Use a map and compass to find the best routes to the each control marked on your map. Finish one course to qualify for the championships. Finish up to four courses to increase your chances of winning the championships for your class. Each day of competition is a day you'll remember forever.

■ **4 ski-orienting events** in 5 days at 4 terrific Lake Tahoe cross country venues:

- 1/30 Tahoe Donner Cross Country
- 1/31 Tahoe Cross Country
- 2/ 1 (Rest day)
- 2/ 2 Royal Gorge Cross Country
- 2/ 3 Auburn Ski Club Training Center (Motala event)

■ **Racing classes** by gender and age

- M/F-16, M/F-20, M/F-21+, M/F40+, M/F55+, M/F65+, and Amazon (females on the longest course)
- Less competitive classes (M-red, M-green, F-green, M-orange, F-orange, M-white, and F-white) for anyone who needs to compete on a course that is easier than the one used for their gender/age group.

■ **5 courses at every event** to challenge all ski-orienting skills from beginner to expert:

Course	Distance	Competitive classes	Course type
Blue	15-20km	M-21+ and Amazon (any females on the longest course)	Longest advanced course
Red	10-15km	M-20, m40+, F-21+, and M-red	Advanced course
Green	7-10km	M-16, M55+, F-20, F40+, M-green, and F-green	Short advanced course
Orange	5- 7km	M65+, F-16, F55+, F65+, M-orange, and F-orange	Intermediate course
White	3- 5km	M-white and F-white	Beginner course

■ **Race 1-4 days.** The more you race the better your chances of winning.

- Scores are a percentage of your time compared to the winner of your class for each competition. 100 pts to the winner and fewer pts to others (e.g., 50 pts to someone who takes 2x the winner's time).
- Volunteer credits (equal to your best competitive scores) given for volunteering for a full race day.
- Absence credits (equal to 90% of your average competitive score) given for events missed.
- You can claim up to one credit for each day that you compete (maximum of 2 credits).

■ **Electronic punching** at all events. Electronic finger punches available for rent.

■ **No residency requirements** -- You are qualified to win as soon as you complete your first course.

■ **Beginners welcome** -- We have beginner clinics and courses at every event.

■ **Pre registration discounts**

- Early bird discounts until 12/22.
- General discounts until preregistration ends on 1/22.
- All registrations after 1/22 are Day-of-Event rates (no discounts).

■ **For more information and registration,**

- See the event web page at <http://www.baoc.org>.
- Contact the event registrar, Alan Houer, at [arhouer@pacbell.net](mailto:arhouer@pacbell.net) (preferred) or (510) 524-1239.