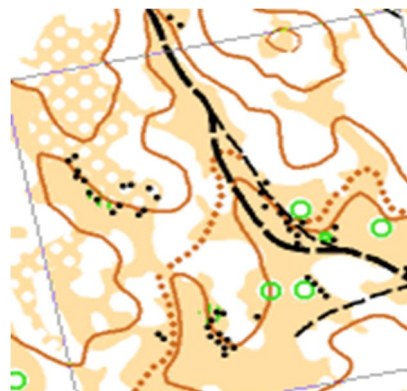# Orienteering at Deer Creek Hills, Rancho Murieta, CA

a **National Ranking Event** sanctioned by **Orienteering USA**.

SUNDAY 11/5

Gold Country Orienteers invites you to best orienteering event of the year: Deer Creek Hill, managed by the Sacramento Valley Conservancy, is large nature preserve with vast areas of rolling oak studded hills with small outcroppings. It's open and very runnable forest with not a whole lot of trails.

Course:	Length:	Skill level	Course:	Length:	Skill level
White (Not NRE)	3.1 km	Beginner	Brown	4.1 km	Advanced
Yellow (Not NRE)	3.3 km	Advanced beginner	Green	5.1km	Advanced
Orange	5.7 km	Intermediate	Red	8.2 km	Advanced
			Blue	10.1 km	Advanced

Beginner = controls on trails, Advanced beginner = controls close to trails, Intermediate = controls near large terrain features, Advanced = controls in all kinds of places

Map:
Very detailed orienteering map updated and improved made in 2023. The map scale is 1:7,500 for White, Yellow and Brown and 1:15,000 for all other courses.

How to run (or walk!):

- Recreationally you can run any course on your own, with a buddy, or as a team
- Competitively you can be part of the NRE by choosing the course that matches you gender and age group, or a more competitive age group/course or even an easier course
- Register online at https://eventreg.orienteeringusa.org/ or on site the day of the event
- Teams can only register on site
- Beginners (White and Yellow) $12, Juniors <19 years $16, Adults $24, Free parking! ($10 of the start fee goes to support the Sacramento Valley Conservancy)
- Max time is 3 hours, but you must be back by 2:00 pm, whichever comes first.
- Electronic E-punch system is used. E-sticks (and compasses) can be rented
- Beginner Instruction are offered

Timeline:

8:30	Registration opens	11:30	Registration closes
9:00	First start	12:00	Last start

More info and driving directions: www.GoldCountryOrienteers.org

Questions? Check the website or call the Event Director Jonas Libell at 916-717-8570.

ORIENTEERING IS NAVIGATION RACING!